



**STATE OF CONNECTICUT  
CONNECTICUT VALLEY HOSPITAL  
ADVISORY COUNCIL**

**CONNECTICUT VALLEY HOSPITAL ADVISORY COUNCIL  
MEETING MINUTES  
June 12, 2020  
Teleconference Call**

**Present Council Members:**

Lawrence McHugh, Chairperson; Lakisha Hyatt, CVH/Acting CEO; Lisa Zurolo, CVH/General Psychiatry Division Director; Miriam Delphin-Rittmon, Commissioner, Department of Mental Health & Addiction Services; Celeste Cremin-Endes, RVS/CEO; Margaret O'Hagan-Lynch, CVH/Addiction Services Division Director; Phillip Pessina, Councilman; David Bauer

**Absent/Excused Council Members:**

Nancy Navarretta, Deputy Commissioner, Department of Mental Health & Addiction Services; Lt. David Goodwin, Middletown Police Department; Joseph Havileck, City of Middletown; Ben Florsheim, Mayor

**Call to Order:** Larry McHugh called the meeting to order at approximately 8:00am

**Approval of Minutes:** Minutes from the April 17, 2020 meeting to be sent out for electronic vote approval.

Topic	Discussion	Responsible Person
<i>Commissioners Update</i>	<p><b><u>Updates from Commissioner Delphin-Rittmon</u></b></p> <ul style="list-style-type: none"> <li>▪ COVID-19 diagnosis are going down. <ul style="list-style-type: none"> <li>○ Patients: 73 positives, 63 recovered and returned back to their unit.</li> <li>○ Staff: 91 positives, 80 recovered and returned back to work.</li> <li>○ Continued focus on testing for patients &amp; staff.</li> <li>○ Ongoing staff testing will occur with coordination with the office of the commissioner.</li> </ul> </li> <li>▪ Reopening <ul style="list-style-type: none"> <li>○ Reopening planning committees have been developed for each facility. <ul style="list-style-type: none"> <li>▪ Working on plans for visitation, screening and non-essential staff returning back to work.</li> <li>▪ Continuing with teleworking per governors’ order.</li> <li>▪ Modified bed capacity from 4 to a room to 1-2 to a room.</li> </ul> </li> </ul> </li> <li>▪ Funding <ul style="list-style-type: none"> <li>○ Applying for any grants that are eligible for: <ul style="list-style-type: none"> <li>▪ SAMSHA – 2 million &amp; FEMA – 680 million. <ul style="list-style-type: none"> <li>• Hire more crisis counselors for elderly and homeless for the increase of mobile crisis issues.</li> <li>• Increased telehealth equipment.</li> <li>• Increased EAP support.</li> <li>• Working with the O’Donnell Group on mental health awareness services &amp; initiatives.</li> </ul> </li> </ul> </li> </ul> </li> </ul>	Commissioner Delphin-Rittmon
<i>CVH Update</i>	<p><b><u>Updates from Lakisha Hyatt, Acting CEO</u></b></p> <p><b><u>COVID-19 Management</u></b></p> <ol style="list-style-type: none"> <li>1. Daily management calls to review current status of positive patients/staff, pui’s, quarantine units and patient/staff out.</li> <li>2. Isolation unit has been opened.</li> <li>3. Programming <ol style="list-style-type: none"> <li>a. Psychology staff has developed behavioral plans for 100% of patients.</li> </ol> </li> </ol>	Ms. Lakisha Hyatt, Acting CEO

<p><b><i>Discharge Data Status Report</i></b></p>	<p>b. Decreased group session sizes and utilizing individual sessions.</p> <p>4. Staff Support</p> <ol style="list-style-type: none"> <li>a. Staff that were out due to COVID, received a compassion letter from the acting ceo.</li> <li>b. Peer support drop in session implemented for cvh &amp; blue hills campus.</li> <li>c. Employee recognition committee offering virtual tovio services.</li> <li>d. Chaplain support available from 9am – 9pm.</li> <li>e. Honor our Heroes: celebrated our staff with the help of Mayor Florshiem, state representatives, police department and fire department.</li> </ol> <p><b><u>Discharge Data Status Report – January - December 2019</u></b>  <i>The purpose of this annual report is to monitor the hospital's performance with regard to discharge placement of patients into the city of Middletown who were not originally admitted from Middletown (referred to as "unmatched discharges").</i></p> <p>For the Addiction Services Division (ASD), there were a total of 13 unmatched cases for the year; 4 originating from the Middletown campus Detoxification Program; 9 from the Middletown campus Rehabilitation Programs; 0 from the Hartford campus Detoxification Program and 0 from the Hartford campus Rehabilitation Program. Out of the 13 discharges, 6 of them went to short term residential treatment, and 7 had permanent residential placements.</p> <p><b><u>Addictions Services Division</u></b>  <b>MIDDLETOWN CAMPUS DETOXIFICATION PROGRAM:</b></p> <ol style="list-style-type: none"> <li>1. A Meriden resident was admitted on 9/13/19 for Detox. He was discharged on 9/16/19 to his mother's home located in Middletown. (private residence)</li> <li>2. A client from Torrington was admitted on 9/27/19. He completed detox and was discharged on 10/7/19 to a friend's home in Middletown.</li> <li>3. A Haddam resident was admitted for Detox on 10/24/19. He discharged on 10/26/19 to his girlfriend's home in Middletown (private residence).</li> <li>4. A client from Cromwell was admitted for Detox on 12/11/19, however discharged on 12/12/19 to boyfriend's Middletown home (private residence).</li> </ol>	<p>Ms. Margaret O'Hagan-Lynch, Division Director/ASD</p>
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**HARTFORD CAMPUS DETOXIFICATION PROGRAM**

There were no clients that were non-Middletown residents discharged to Middletown.

**MIDDLETOWN CAMPUS REHABILITATION PROGRAM**

1. A Rehab admission took place on 11/24/18 for a Colchester resident. He completed rehab on 1/11/19 and was discharged to a sober home located in Middletown (short term residential).
2. A Meriden resident was admitted on 12/26/18 for the rehab program. He completed the program on 2/1/19 and was discharged to his uncle's home in Middletown (private residence).
3. A client was admitted for rehab on 1/9/19. He was discharged to a sober home in Middletown after completion of the program on 2/1/19. (short term residential).
4. A rehab admission on 1/30/19 occurred for a New Haven resident. After he completed the program, he was discharged to a Middletown sober home on 3/13/19. (short term residential).
5. An East Hartford resident was admitted to the rehab program on 3/7/19. She completed the program and was discharged to a sober home in Middletown on 4/24/19. (short term residential).
6. On 3/8/19, an East Hampton resident was admitted to rehab. He was discharged on 4/18/19 after completion of program to a Middletown sober home. (short term residential).
7. A Meriden resident was admitted for rehab on 3/31/19. On 5/20/19, he completed treatment and was discharged to a sober home located in Middletown. (short term residential).
8. On 4/26/19, a Hartford resident was admitted for the rehab. On 5/14/19, she was discharged to her Aunt's home in Middletown after completion of the program (private residence).
9. A Rehab admission on 11/14/19 occurred for a Wallingford residence. After completion of the program, he was discharged to his mother's home located in Middletown (private residence).

**HARTFORD CAMPUS REHABILITATION PROGRAM**

	<p>There were no clients that were non-Middletown residents discharged to Middletown.</p> <p><b><u>General Psychiatry Division</u></b>  The number of clients of non-Middletown residents discharged to Middletown was 1. That client was discharged to a Gilead Facility located in Middletown.</p>	
Other Business	None	
Next Meeting	Friday, September 11, 2020 at 8:00am via teleconference call.	
Adjournment	Meeting adjourned at 8:50am.	

*Transcribed by: Andreesa Gidi*